

Person being coached \_\_\_\_\_

Date \_\_\_\_\_

<p><b>Theme and Background</b></p> <p>What is the topic of the conversation?</p> <p>What do you want to get out of the discussion?</p> <p>What might happen if you don't reach your goal?</p>	<p><b>Target Condition</b></p> <p>Describe your "fantasy land."</p> <p>If you could do anything, what would you do to make this happen?</p>
<p><b>Current Condition</b></p> <p>What is currently happening?</p> <p>What have you tried?</p> <p>What have been the results?</p>	<p><b>Implementation Plan</b></p> <p>If you were watching this conversation, what would you tell yourself to do?</p> <p>Would you like suggestions from me?</p> <p>Do any of these suggestions interest you enough to explore further?</p>
<p><b>Root Cause Analysis</b></p> <p>What are the obstacles for you?</p>	<p><b>Growth Plan</b></p> <p>If you were to do this, how might you go about it?</p> <p>What first steps would you take?</p> <ol style="list-style-type: none"> <li>1.</li> <li>2.</li> <li>3.</li> </ol> <p>What might get in your way?</p> <p>How will you overcome that?</p> <p>What is your next step and when will you have it done?</p> <p>Signature: _____ Date: _____</p>